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Question 1

Question Type: MultipleChoice

Safety procedures for clinical staff help protect them from

Options:

- A- Bloodborne pathogens.
- B- Theft.
- C- Violent patients.
- D- Work-related injuries.

Answer:

A

Question 2

Question Type: MultipleChoice

Which of the following actions involving termination of exercise testing is correct?

Options:

- A- Immediately terminate the test if muscular fatigue occurs.
- B- Initiate the test termination process when cardiac complications occur.
- C- Initiate the test termination process when intermittent premature ventricular contractions are detected on ECG.
- D- Immediately terminate the test when intermittent premature ventricular contractions are detected on ECG.

Answer:

C

Question 3

Question Type: MultipleChoice

Which of the following is NOT considered to be a benefit of follow- up in an emergency situation?

Options:

- A- It provides information regarding the patient's current status, which may help to determine the cause of the emergency.
- B- It provides statistics that will help to justify the emergency response program.
- C- It allows the staff to finalize the incident report.
- D- It provides information to determine the consequences of the staff's actions.

Answer:

B

Question 4

Question Type: MultipleChoice

The clinical exercise physiologist shares a responsibility to

Options:

- A- Implement measures to stop disease.

- B-** Make patients look healthy.
- C-** Implement preventive measures to reduce the risk of medical emergencies.
- D-** Develop a plan to reduce the physical demands of exercise testing.

Answer:

C

Question 5

Question Type: MultipleChoice

A client who has a measured FVC of 3.5 L and can expel 3.1 L within 1 second has

Options:

- A-** An obstructive defect.
- B-** A restrictive defect.
- C-** An FEV of 3.1.
- D-** An FEV of 89%.

Answer:

D

Question 6

Question Type: MultipleChoice

For a client who has a contraindication to exercise testing but could benefit greatly from the information gained through testing, which of the following statements is TRUE?

Options:

- A- The contraindication is considered to be a relative contraindication.
- B- The contraindication is considered to be an absolute contraindication.
- C- The client should not be tested until the contraindication is resolved.
- D- A submaximal test is the only test that the client should complete.

Answer:

A

Question 7

Question Type: MultipleChoice

Following termination of a stress test, a 12-lead ECG is

Options:

- A- Monitored immediately, then every 1 to 2 minutes until exercise-induced changes are at baseline.
- B- Monitored immediately, then at 2 and ,5 minutes after the test.
- C- Monitored immediately only.
- D- Monitored and recorded only if any signs or symptoms arise during recovery.

Answer:

A

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