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Question 1

Question Type: MultipleChoice

What is another term for nerve impulses?

Options:

- A- Instinct
- B- Action potentials
- C- Interneurons
- D- Synapse

Answer:

B

Explanation:

A nerve impulse is also known as an action potential, which is an electrical current that runs along a nerve pathway that can trigger a response in other cells.

Question 2

Question Type: MultipleChoice

Where are the lumbrical muscles located?

Options:

- A- Lumbar region
- B- Hands and feet
- C- Pelvic floor
- D- INeck

Answer:

B

Explanation:

Despite their name, the lumbricals are located in the hands and feet and assist with movement of the phalanges in both locations.

Question 3

Question Type: MultipleChoice

A client was involved in a recent auto accident and received a grade 4 whiplash injury. Which of the following best describes the client's status?

Options:

- A- Neck pain stiffness and tenderness
- B- Neck pain with signs of neurological damage
- C- Neck pain with dislocation and spinal injury
- D- No neck pain

Answer:

C

Explanation:

A grade 4 whiplash is a critical condition associated with extreme neck pain, cervical fractures and/or dislocations, possible spinal cord injury and serious soft tissue damage. Massage is contraindicated until the condition is stabilized and a medical release is provided.

Question 4

Question Type: MultipleChoice

Hacking, tapping and pounding with loose fists are examples of _____.

Options:

- A- Petrissage
- B- Deep tissue
- C- Effleurage
- D- Tapotement

Answer:

D

Explanation:

Hacking, tapping and pounding are techniques of tapotement.

Question 5

Question Type: MultipleChoice

Which best describes auscultation?

Options:

A- watching

B- listening

C- palpating

D- concluding

Answer:

B

Explanation:

Auscultation is the Latin term for listening. Many health professionals use a stethoscope to apply the highly developed skill of auscultation to assess the heart, lungs and digestive system of their patients.

Question 6

Question Type: MultipleChoice

What is known as the "molecular unit of currency"?

Options:

A- Actin

B- ATP

C- T cells

D- Gamma globulins

Answer:

B

Explanation:

The "molecular unit of currency" is often used to describe the importance of ATP (adenosine triphosphate) to cellular functions within the body.

Question 7

Question Type: MultipleChoice

What is the function of a bulboid corpuscle?

Options:

A- Detect changes in temperature

B- Receptor which responds to pressure

C- Contract to stand hairs straight along body

D- Mucous membranes in the skin

Answer:

A

Explanation:

A bulboid corpuscle is a cutaneous thermo-receptor which detect changes in temperature and relay the message to the CNS.

Question 8

Question Type: MultipleChoice

Humans are considered to have an open circulation system.

Options:

A- TRUE

B- FALSE

Answer:

B

Explanation:

There are two primary types of circulation systems in nature, one being open and the other being closed. In humans, the blood never leaves the intricate webbing of blood vessels and is thus considered a closed circulatory system. An open circulatory system is one where blood and interstitial fluid move freely within an organism, as in the case of gastropods, otherwise known as snails.

Question 9

Question Type: MultipleChoice

A client who is prone to attack posturing will have an overproduction of which neuroendocrine chemical?

Options:

- A- Epinephrine
- B- Serotonin
- C- Oxytocin
- D- Enkephalins

Answer:

A

Explanation:

Epinephrine or adrenalin activates arousal mechanisms which are triggers for the fight-or-flight response and posturing. Physical queues of attack posturing are elevated shoulders, clenched jaw and fists, flexed arms and aggressive behavior.

Question 10

Question Type: MultipleChoice

A pathogenic barrier is also known as a _____.

Options:

- A- anatomic barrier
- B- physiologic barrier
- C- resistive barrier
- D- soft tissue barrier

Answer:

C

Explanation:

A pathogenic barrier is also known as a resistive barrier, which is the first sign of resistance against a movement during a range of motion assessment.

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