



Free Questions for [MBLEx](#) by [ebraindumps](#)

Shared by [Arnold](#) on [29-01-2024](#)

For More Free Questions and Preparation Resources

[Check the Links on Last Page](#)

Question 1

Question Type: MultipleChoice

The mesencephalon is also known as the _____.

Options:

- A- fore bra in
- B- midbrain
- C- hindbrain
- D- brainstem

Answer:

B

Explanation:

The mesencephalon is also known as the midbrain, and is associated with arousal, hearing, motor control, vision, sleeping patterns and more.

Question 2

Question Type: MultipleChoice

A therapist must recognize _____ when assessing and treating soft tissue conditions.

Options:

- A- changes in skin coloration
- B- soft tissue barriers
- C- breathing patterns
- D- the lifestyle of a client

Answer:

B

Explanation:

Soft tissue barriers represent the degree to which soft tissues can be manipulated for effective treatments. Understanding soft tissue barriers is an integral part of the assessment process.

Question 3

Question Type: MultipleChoice

A trigger point that is painful at rest, and painful during active and passive movement, is _____.

Options:

- A- an active trigger point
- B a primary trigger point
- C- a secondary trigger point
- D- a latent trigger point

Answer:

A

Explanation:

An active trigger point is a muscle knot that causes pain at all times.

Question 4

Question Type: MultipleChoice

Assisting your client with a concentric contraction of an antagonist to trigger the CNS to send a message to relax the agonist is a neural phenomenon called _____.

Options:

- A-** neurofibromatosis
- B-** reciprocal inhibition
- C-** contralateral flexion
- D-** action potentials

Answer:

B

Explanation:

Reciprocal inhibition is used to relax a muscle on one side of a joint by contracting the muscle on the other side of the joint. This is used to assist the reduction of a muscular tonicity. Caution should be used to prevent a simultaneous contraction which could result in a cramp or muscle tear.

Question 5

Question Type: MultipleChoice

Which of the following regulates the development of reproductive processes within the body?

Options:

A- HRT

B- ADH

C- Insulin

D- FSH

Answer:

D

Explanation:

FSH or follicle stimulating hormone, produced by the anterior portion of the pituitary gland regulates the reproductive processes of the body, including development, growth and maturation.

Question 6

Question Type: MultipleChoice

Choose the correct definition of the anatomical term "linea".

Options:

- A- A passage or canal
- B- A line or long ridge
- C- A hole or opening
- D- A meeting point of two or more bones

Answer:

B

Explanation:

The anatomical term "linea" refers to a line or long ridge, such as the attachment site of the hamstrings along the linea aspera on the posterior aspect of the femur.

Question 7

Question Type: MultipleChoice

The suffix -crine refers to:

Options:

- A- Secretions
- B- Inflammation
- C- Digestion
- D- Enzymes

Answer:

A

Explanation:

The suffix -crine refers to secretions. Endocrine gland is an example of the suffix -crine, which means an internal gland that secretes.

Question 8

Question Type: MultipleChoice

The prefix nephro- refers to:

Options:

A- Nerve

B- Infant

C- Kidney

D- Brain

Answer:

C

Explanation:

Nephro and nephr both refer to the kidneys. An example is nephritis, which is an inflammation of the kidneys.

Question 9

Question Type: MultipleChoice

At which point during a massage/bodywork session would a therapist ask about an occurrence relating to a physical complaint or injury?

Options:

- A- Intake
- B- Treatment plan
- C- Treatment
- D- Closing

Answer:

A

Explanation:

The time to collect information about a physical complaint or injury is during the intake process.

Question 10

Question Type: MultipleChoice

A 27 year old male client enters a massage therapy office for a treatment holding his right hand along the pinky and ring finger. He complains of numbness and weakness in the two affected digits. He states the condition has been progressing over the last few weeks.

He works in IT for a database company and works normal hours and is not very stressed at work. He is a daily commuter cyclist and also enjoys playing disc golf. What nerve is being affected that gives sensation to the client's pinky and ring finger?

Options:

A- Median

B- Ulnar

C- Radial

D- Musculotaneous

Answer:

B

Explanation:

The ulnar nerve runs along the ulna and into the pinky finger and medial half of the ring finger.

To Get Premium Files for MBLEx Visit

<https://www.p2pexams.com/products/mblex>

For More Free Questions Visit

<https://www.p2pexams.com/fsmtb/pdf/mblex>

